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“Project Be” Girls Groups at the Women’s Center

DANBURY, August 28 – This fall, the Women’s Center’s “Project Be” program is again offering our popular *Girls Circle* support group series. This evidence-based curriculum will be used to create groups that focus on empowerment, healthy relationships, and helping youth to make safe choices when they encounter potentially exploitive situations.

Groups for all area middle and high school aged girls, in both English and Spanish, offer a safe place to share their experiences and participate in fun and meaningful activities. These groups have been very well received by participants and parents alike.

The free 8-week program begins on September 20th and meets weekly at the Center on Wednesday evenings through early November, from 6:00-7:30 p.m., at our administrative office, 2 West Street in Danbury.

Space is limited and registration is required. For English, please contact Melissa at (203) 731-5200, ext. 240, or melissa.o@wcogd.org, to register or for more information.

Espacio es limitado. Registraciòn es requerida. Para Espanola, por favor llama a Delta al 203-731-5200, ext. 207, or delta.v@wcogd.org, para registraciòn ò más informaciòn.

The Women’s Center provides free and confidential services to prevent or lessen the trauma associated with domestic violence, sexual assault and other major life transitions to thousands of women, children and men annually. The programs of the Women’s Center are supported by state and local government, area United Way agencies and the people and businesses in the communities we serve including Bethel, Bridgewater, Brookfield, Danbury, Kent, New Fairfield, New Milford, Newtown, Redding, Ridgefield, Roxbury, Sherman, and Washington, CT.

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