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Instagram: <https://instagram.com/thewomenscenterdanbury/>

YouTube: <https://www.youtube.com/channel/UCpzQIPuDxUNYw0v9IaWjT7w>

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“Project Be” Girls Groups at the Women’s Center

DANBURY, February 23 – This spring, the Women’s Center’s “Project Be” program is again offering our popular *Girls Circle* support group series for girls. Separate groups for all area middle and high school aged girls offer a safe place to share their experiences and participate in fun and meaningful activities.

Session topics will focus on empowerment, improving self-esteem and healthy peer relationships. These groups have been very well received by participants and parents alike.

The free 8-week program begins on April 6th and meets weekly at the Center on Wednesday evenings through May, from 6:30-8:00 p.m., on the 2nd floor at 8 West Street in Danbury.

Space is limited and registration is required. For more information and to register, please contact our Child Advocates at (203) 731-5200 or wcchildadvocate@wcogd.org.

The Women’s Center provides free and confidential services to prevent or lessen the trauma associated with domestic violence, sexual assault and other major life transitions to thousands of women, children and men annually. The programs of the Women’s Center are supported by state and local government, area United Way agencies and the people and businesses in the communities we serve including Bethel, Bridgewater, Brookfield, Danbury, Kent, New Fairfield, New Milford, Newtown, Redding, Ridgefield, Roxbury, Sherman, and Washington, CT.

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